

The freedom that Jesus wants us to experience is marked by the Holy Spirit who brings love, joy, peace, patience, kindness, goodness, gentleness, faithfulness and self-control. With God's help, examine your life and see where you need God's truth to lead you into greater freedom. And remember, an examined life is just the beginning – once we've 'looked in the mirror' we may well need help to make the necessary changes.

Psalms 139 is a helpful psalm to pray with:

Search me O God and know my heart;  
Test me and know my anxious thoughts.  
See if there is an offensive way in me,  
And lead me in the way everlasting

## Names of God – I am the Truth

### John 14:6

Jesus said: I am the way the truth and the life. No-one comes to the Father except through me.

### John 8:31-36

<sup>31</sup> To the Jews who had believed him, Jesus said, "If you hold to my teaching, you are really my disciples.  
<sup>32</sup> Then you will know the truth, and the truth will set you free."

<sup>33</sup> They answered him, "We are Abraham's descendants and have never been slaves of anyone. How can you say that we shall be set free?"

<sup>34</sup> Jesus replied, "I tell you the truth, everyone who sins is a slave to sin. <sup>35</sup> Now a slave has no permanent place in the family, but a son belongs to it forever. <sup>36</sup> So if the Son sets you free, you will be free indeed.

## Scriptures mentioned in today's sermon

## My Notes

The purpose of teaching	Eph 4:11-13
Salvation – a two-way process	Roms 3:23-24 Phil 2:12-13
Why Jesus came into the world	John 18:37
Truth came through Jesus Christ	John 1:17
Jesus claims to be the truth	John 14:6
The opposite of freedom	1 Peter 2:19
True freedom	Gal 5:13 2Cor 3:17. Gal 5:22-23
Jesus with Martha and Mary	Luke 10:38-42
Jesus with the rich young ruler	Mark 10:17-22
Jesus with Zacchaeus	Luke:1-10
Jesus with the woman at the well	John 4:4-26